



YMCA

We build strong kids,  
strong families, strong communities.

### Adair County Family YMCA Coaching Application

Name					
Address					
Home Phone				Work Phone	
Male		Female		Are you over 18?	Yes No

Circle the highest year you completed in school:									
Elementary	1	2	3	4	5	6	7	8	
High School	1	2	3	4					
College	1	2	3	4	5	6	7	8	

Work History (last 10 years)		
Company	Position	Dates

What sport are you applying to coach? \_\_\_\_\_

Why do you want to coach this sport? \_\_\_\_\_

#### Coaching Background

Have you ever played this sport?  Yes  No Number of years \_\_\_\_\_

What other sports have you played?		
Sport	Age Level	Number of years played

Have you ever coached this sport?  Yes  No Number of years \_\_\_\_\_

What other sports have you coached?			
Sport	Sponsoring Agency	Age Level	Years coached

Have you had any formal training as a coach?  Yes  No If yes, please describe (coaching courses, clinics, etc) \_\_\_\_\_

Have you ever been convicted of a crime? If so, please explain. \_\_\_\_\_

Please rate your knowledge of the following topics with regard to this sport by circling the appropriate number

- 1 = You know very little about it
- 2 = You have reasonably good knowledge about it
- 3 = You know a great deal about it

1	2	3	Skills and strategies of the sport	1	2	3	Equipment needs and specifications
1	2	3	Developing sportsmanship	1	2	3	Working with parents
1	2	3	Rules of the sport	1	2	3	Injury prevention and treatment
1	2	3	Communication skills	1	2	3	Principles for teaching sport skills
1	2	3	Organizing practices	1	2	3	Legal duties
1	2	3	Warm-up and physical conditioning techniques	1	2	3	Managing time
1	2	3	Conducting character development activities				

\_\_\_\_\_  
Signature

\_\_\_\_\_  
Date